

Luncheon Menu

SERVED AFTER 11:30 A.M.

Pancake Pantry

The first Pancake House in the
state of Tennessee... serving
distinctive food since 1960

Box Lunch
ENJOY A PICNIC IN
THE PARK OR LUNCH
WHILE TOURING.
Ham and Swiss Cheese Sandwich
on Rye, with Lettuce and Tomato,
Potato Chips, Bean Salad,
Marinated Cucumbers, Fresh Fruit
and a Chocolate Mint.
We can prepare it now
while you are dining.
11.85

BURGERS

- * **Blue Ribbon Hamburger** - A most unusual sandwich! A special sauce intrigues you. Then the melted cheese on the 6 oz beefburger combines with a green pepper ring, bacon crumbles and banana slices to provide an unexpected blend of flavors. French Fries and a Garden Salad. **11.50**
- * **All American Beefburger** - A hefty 6 ounces of ground beef with a slice of Bermuda onion, lettuce, tomato and mayo. The King of the Burgers. French fries and a garden salad. **10.45**
- * **The Viennaburger** - It's a 6 oz. beefburger with Old World charm. The ground beef is mixed with a delightful blend of onion, garlic, tarragon, rosemary and other spices and topped with a sauce of our own creation. (The sauce is served separate and you add to your liking). French fries and a tangy Bavarian kraut salad. Lettuce, tomato & mayonnaise. **11.85**
- * **Veggieburger** - A roasted corn salsa and Mexican mayo add a bit of spice to our delicious black bean veggieburger. Served on a grilled French roll with sauteed red onions and sprouts. Comes with spicy fries. **11.25**
- * **Black Jack Burger** - Creole mayonnaise, cajun spices, red onions, tomato and havarti cheese make this a hot seller. Served with spicy cajun fries. **11.65**

GOURMET SANDWICHES

- The Continental - Its uniqueness comes from the sauces - one a mildly spiced Russian and the other a smooth delightful Tarragon Bearnaise. In between - you'll find ham, turkey and corned beef topped with Swiss cheese. Popped into the oven until all is warmed and the cheese melts. Potato chips and a cup of onion soup. **12.25**
- Dutch Diplomat - Won a national award as one of the ten best sandwiches of the year. It's a master of diplomacy when dealing with your appetite. This is a three decker on rye - with heaps of ham, Swiss cheese, turkey, slaw and trimmings! Served with a tangy mixed bean and onion salad and chips. **11.25**
- Polynesian Delight - A flavor blend from the Pacific Isles combining hearty crushed pineapple and 1000 Island dressing with ham, cheese and turkey on white bread, buttered and grilled to a golden brown. Served with a cup of onion soup & potato chips. **9.25**
- French Royale Club - An exquisite three layer combination of bacon, lettuce, slaw, turkey, cheese and ham with just a hint of bleu cheese and 1000 Island dressing to give it zest. Served with a cup of Split Green Pea Soup. This delicious soup is made from fresh ingredients in our own kitchen. Served with potato chips. **11.90**
- Smoky Mountain Grilled Ham and Cheese - Thinly sliced ham with cheese, lettuce, tomato and mayo on white bread buttered and grilled to a golden brown. Served with bean salad and homemade potato chips. **9.10**
- Polish Aristocrat - Tucks layers of Swiss cheese, corned beef, and cole slaw between slices of rye. It goes on the grill for melting the cheese and browning the bread. Served with a delicious cole slaw and potato chips. **10.50**
- * **British Dipper** - A mild horseradish dip is provided and into it you dunk an unusual sandwich. It consists of a ground beef patty nestled between slices of Swiss and American cheese; served on rye and grilled until the cheese melts and the bread is golden brown. Served with cucumber slices and potato chips. (They too can be dipped). **10.95**
- * **Southern Chicken Grill** - An 8 oz grilled breast served on a grilled sesame bun with lettuce, tomato and mayo. Potato chips. **11.80**

SOUPS & SALADS

- * **Grilled Chicken Salad** - Our grilled chicken breast, sliced and served on a large version of our garden salad. **11.45**
- Garden Salad** - Crisp lettuce, tomato and fresh vegetables topped with cheddar cheese and red onion rings. Choice of dressing. **4.35**
- Homemade Soup and Sandwich Combination**
- The sandwich is a special grilled treat combining melted Swiss cheese, finely chopped bacon and chopped onion. (No substitutions on this sandwich). Served with potato chips.
- Together with this sandwich you have a choice of one of the following soups prepared from fresh ingredients in our own kitchen.
- Mushroom and Barley** - A hearty thick soup that contains beef, barley and mushrooms, plus a variety of spices that enhance the natural blend of flavors.
- Split Green Pea** - This has a deep hearty flavor that will bring you back again. Lots of down home goodness.
- Provincial French Onion** - This recipe comes not from Paris but from the countryside of France. Onions are slowly sauteed in butter until they are done to perfection - then added to the soup which simmers slowly until the blend of flavors is just right. **11.65**

* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

SIDE ORDERS

- HAM **4.80**
- SMOKED BACON **4.00**
- COUNTRY SAUSAGE .. **4.10**
- CORNED BEEF HASH .. **4.90**
- EGGS
*(1) **2.40**
*(2) **3.80**
- TOAST, BUTTER,
JELLY **2.65**
- HASH BROWNS **3.25**
- GRITS (until noon) **1.70**

WAFFLES

- CHOCOLATE CHIP
WAFFLE **9.00**
Sprinkled with powdered sugar.
- BLUEBERRY WAFFLE .. **9.55**
Served with hot blueberry compote. Powdered sugar.
- PECAN WAFFLE **9.55**
Sprinkled with powdered sugar.
- SMOKED HAM
WAFFLE **9.75**
- PLAIN WAFFLE **7.20**
Sprinkled with powdered sugar.
- CRISP BACON
WAFFLE **9.75**
All of the above served with whipped butter and hot syrup.
- STRAWBERRY
WAFFLE **10.00**
Topped with strawberries, whipped cream and powdered sugar.
- CHERRY WAFFLE **10.00**
Topped with cherries, whipped cream and powdered sugar.

OMELETTES

- * **VEGGIE & CHEESE OMELETTE** **10.15**
- * **BACON & CHEESE OMELETTE** **11.45**
- * **SAUSAGE & CHEESE OMELETTE** **11.55**
- * **CHEESE OMELETTE** ... **9.70**
- * **WESTERN OMELETTE** . **12.00**
- * **HAM & CHEESE OMELETTE** **11.85**
- * **HAM N' HASH BROWN OMELETTE** **12.20**
- * **MEXICAN OMELETTE** . **12.50**
Each of the Above
Served with 3 Buttermilk Pancakes
Made with lower cholesterol eggs 50 c extra.

- CEREALS**
- BREAKFAST CEREALS** **3.85**
(with Bananas 1.00 Extra)
(Hot or Cold)

When in
Winston Salem, NC,
visit our other
Family Restaurant
River Birch Lodge Restaurant

EGGS

- * **2 COUNTRY FRESH EGGS** (any style) **8.25**
Served with 3 Buttermilk Pancakes
- * **HAM & EGGS** **11.50**
A Thick Slice of Ham, 2 Eggs
Served with 3 Buttermilk Pancakes
- * **BACON & 2 COUNTRY FRESH EGGS** **10.25**
Served with 3 Buttermilk Pancakes
- * **SAUSAGE & 2 COUNTRY FRESH EGGS** **10.45**
Country-Style Pork Sausage
Served with 3 Buttermilk Pancakes

* **MORNING STAR**
Two mounds of our fresh shredded hash browns, topped with melted cheese and a two fried eggs. Covered with a blend of diced grilled onions, pimientos, mushrooms, ham and green peppers. Served with toast and whipped butter or buttermilk pancakes. **12.30**

- * **LOWER CHOLESTEROL LOWER FAT BREAKFAST**
Scrambled eggs, 3 buttermilk or whole wheat pancakes and 2 sausage patties ... **11.45**
There are no egg yolks in the scrambled eggs. The pancakes are made with skim and buttermilk which have no fat or cholesterol and only 1/15th of an egg yolk each. The sausage (made to our specifications) has less fat. The syrup is fat and cholesterol free and margarine is served in place of butter.

- FRENCH TOAST**
CONTINENTAL STYLE
FRENCH TOAST **9.45**
Sprinkled with cinnamon and powdered sugar. Served with whipped butter and our own special cinnamon cream syrup.

JUICES

- APPLE, ORANGE, TOMATO
Regular **3.25** Large **4.30**

BEVERAGES

- COFFEE **2.65**
- HOT TEA **2.65**
- ICED TEA **2.65**
- 2% MILK (Large **3.15**) . **2.65**
- CHOCOLATE MILK **2.95**
- CHOCOLATE MILK large **3.65**
- CAPPUCCINO **3.00**
- HOT CHOCOLATE **2.65**
- COKE **2.65**
- DIET COKE **2.65**
- SPRITE **2.65**
- DR. PEPPER **2.65**
- ROOT BEER **2.65**

WILD BLUEBERRY PANCAKES
Sprinkled with powdered sugar
Served with blueberry compote. Captures all the tang of mountain blueberries.
9.80

PARISIENNE CREPES
Whole strawberries rolled up in 3 delicately thin crepes. Sprinkled with powdered sugar and topped with whipped cream.
10.00

OLD FASHIONED BUTTERMILK PANCAKES
Extra light and tender.
Served with whipped butter and hot syrup.
7.20

PIGS IN A BLANKET
Mouthwatering link sausage nestled in buttermilk pancakes.
10.00

SWEET POTATO PANCAKES
A delightful creation! A surprising blend of cinnamon, golden wheat and sweet potatoes that creates a distinctive and unique flavor. Served with whipped butter and cinnamon cream syrup.
9.55

SUGAR 'N SPICE PANCAKES
For those with discriminating taste. Made with cinnamon and sweet spices. Served with applesauce and cinnamon cream syrup.
8.00

CARIBBEAN PANCAKES
Sliced bananas with chopped nuts and coconut. Sprinkled with powdered sugar. You'll love 'em!
10.10

SWISS CHOCOLATE CHIP PANCAKES
Buttermilk Pancakes with delicious morsels of chocolate, sprinkled with powdered sugar. For those with a sweet tooth.
9.25

BANANA PINEAPPLE TRIUMPH CREPES
A Pancake Pantry discovery, fresh banana wedges rolled up in thin pancakes and topped with our own pineapple syrup. Powdered sugar and whipped cream.
10.15

AUSTRIAN APPLE-WALNUT CREPES
A touch of the Old World. Delicious apple cider compote made with melted butter, black walnuts, apples and sweet spices. Powdered sugar and whipped cream.
9.70

APRICOT-LEMON DELIGHT CREPES
Diced apricots blended with pecans and enhanced by the flavor of fresh lemons. These rollups have the zip tired taste buds appreciate. Powdered sugar and whipped cream.
9.70

PEACH DELIGHT CREPES
These thin rolled crepes are filled with a delicious blend of ricotta and cream cheese and peaches. Topped with peach compote, powdered sugar and whipped cream.
11.10

RED RASPBERRY CREPES
Three of our light crepes filled with a delicious red raspberry compote. Topped with more compote, powdered sugar and whipped cream.
12.40

SWEDISH CREPES
Rich egg batter crepes and lingonberries imported from Sweden. A tantalizing taste. Served with lingonberry butter, powdered sugar and lemon wedges.
9.70

CORN MEAL PANCAKES
This Southern dish served with syrup and whipped butter just melts in your mouth.
7.20

ORANGE-WALNUT PANCAKES
The tantalizing taste of hearty deep woods black walnuts topped with a zesty fresh orange syrup and powdered sugar. A rare treat.
10.25

CHERRY SUPREME CREPES
Filled with juicy cherries and topped with a cherry compote. Sprinkled with powdered sugar and served with whipped cream.
10.00

SMOKY MOUNTAIN BUCKWHEAT CAKES
A favorite mountain recipe. Truly delicious. Served with syrup and whipped butter.
8.70

WILDBERRY CREPES
A combination of 5 berries in a delicious compote covering three crepes filled with a mixture of ricotta and cream cheese, sprinkled with powdered sugar and topped with real whipped cream. You won't find this one anywhere else!
12.60

PECAN PANCAKES
Chock full of pecans and sprinkled with powdered sugar. Served with pecan syrup.
9.80

GEORGIA PEACH CREPES
From the heart of the South comes a mouthwatering delight. Thin rolled-up crepes served with peaches in a compote and topped with whipped cream and powdered sugar.
10.00

MARVELOUS BLINTZ CREPES
Pecans and raisins are added to a ricotta-cream cheese filling and placed in our blintz pancake. Topped with powdered sugar and a warm orange blueberry syrup.
11.10

SILVER DOLLAR PANCAKES
Most unusual.
For people who like them small and dainty.
8@5.55
15@7.95

WHOLE WHEAT PANCAKES
Ground by a local mill. Lots of old time flavor and goodness. Whipped butter and hot syrup.
7.20